


# DPT FEBRUARY NEWSLETTER

Sarah Graham, SPT & Lisa Ennis, SPT Feb. 2024

## Saying Farewell

On Friday January 19th, we said farewell to our dear program secretary, Ms. Annette Robinson, as she had her last day with us at Gannon Ruskin. We celebrated her dedicated service to our program with flowers and cards from students, and a special send-off with faculty. She certainly knows she is loved around here and will be greatly missed! 



## It's National Heart Month!

The National Heart, Lung, and Blood Institute and many groups around the country observe National Wear Red Day® each year on the first Friday in February to raise awareness about heart disease as the leading cause of death among Americans, especially women.


Know your risk and protect your heart! Love your heart, learn more about keeping it healthy.

**NATIONAL WEAR RED DAY®: FEB 2ND!**



Currently our second year students are in their cardiopulmonary course and learning all about the inner workings of the heart and heart health.

## February Important Dates

- 1/22-2/12: Gannon Gear Fundraiser
- 2/2: National Wear Red Day®!
- 2/2-2/4: FPTA Student Conclave
- 2/13: Orlando Biomedical Ethics Lecture, 6:30-7:30pm, Room 300
- 2/14: Ash Wednesday & Valentine's Day 
- 2/15-2/17: APTA CSM in Boston, MA
- 2/25-3/3: SPRING BREAK

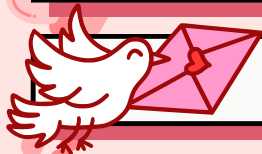
## February Fundraiser



Help the Class of 2026 raise money for their White Coat Ceremony! Scan the QR code to check out and pre-order Gannon Gear, now through Feb. 12th!

Interested in contributing to the monthly newsletter?

Email Sarah Graham at [graham063@gannon.edu](mailto:graham063@gannon.edu)



# Josh Volschow

Clinical Experience Number: Clinical Experience 2

Site/Setting: Fyzical Therapy and Balance Center - Ellenton

Demographic: 24-93 y/o. Balance, vestibular, and ortho patients

Caseload: 15 patients per day, 1-on-1 40 minute sessions

Responsibilities: Chart review, evaluations, treatments, communication with PTA's.



Most rewarding experience: My most rewarding experience during the clinical occurred during an evaluation with a patient. This patient came with a physician referral for "falls and poor balance." I thought this was going to be just another poor balance evaluation, since this was a common deficit we saw in the clinic. This patient was not the best historian regarding his falls, so it took a lot more questioning and digging around during the subjective portion of the exam. By the end of the subjective portion, we discovered that they were falling so frequently because they would get "really dizzy" and that "the room would spin." This tiny piece of information led to a diagnosis of BPPV and we were able to treat it right then and there. Without taking a good subjective, we would have never tackled the root issue and would have simply treated him based on the physician's prescription.

Advice for clinicals: Take the subjective portion of the exam seriously. Tease out potential issues and keep asking questions. Our patients don't always know what important information to tell us. By asking the right questions, the subjective exam will dictate the rest of the evaluation and subsequent treatment sessions.

## Student Spotlight

### JP Collins

Hometown: Apollo Beach, FL

Year in Program: 2nd Year

Area of Interest: Sports Outpatient Orthopedics or Acute Care

Favorite Class: Adult Neuroscience

School-life balance: I prefer studying during the day and going to bed pretty early around the same time every night. I think it's important to schedule time in for friends, family, and other extracurriculars to not get too overwhelmed with schoolwork.

Favorite activities: I really enjoy working out before or after class on a regular basis and playing golf on the weekends.

Advice for future students: My best advice would be to surround yourself with other students you think will make great PTs, and be open to constructive criticism to improve your own skills.

