

SOTA NEWSLETTER

LAUREN MULLINS, OTDS & OLIVIA FULTON, OTDS

SEPTEMBER 2023

AWESOME!

Congratulations to our new Vice President, ASD Alternate, and Committee Chairs!

Vice President: Kaylee Triplett

ASD Alternate: Karissa Herrera

Social Media Chair: Bethany Self

Fundraising Chair: Nadia Castano

Community Service Chair: Madeline Mosing

Professional Development Chair: Rachel Levy

Social Activities Chair: Sarah Scherger

FOR MANY YEARS, GANNON UNIVERSITY STUDENTS HAVE VOLUNTEERED WITH THIS ORGANIZATION TO MAKE A DIFFERENCE IN OUR COMMUNITY IN TAMPA BAY AND THE SURROUNDING AREAS. KEEP AN EYE OUT FOR AN EMAIL THAT WILL PROVIDE YOUR GIVE DAY LOCATION AND GROUP SO YOU CAN CARPOOL WITH FRIENDS. DON'T FORGET TO PICK UP YOUR FREE T-SHIRT!

KEEP AN EYE OUT FOR THE REGISTRATION LINK!



Reminders

- Register for FOTA. The conference will be on November 4-5, 2023, at NOVA Southeastern Clearwater Campus
 - <https://fota.memberclicks.net/conference-registration>
- Keep an eye out for more information from Olivia over the next few weeks.
- Register for GIVE Day!



An interesting read about community practice:

Janse van Rensburg, E. (2018). A framework for occupational enablement to facilitate social change in community practice. *Canadian Journal of Occupational Therapy*, 85(4), 318–329. <https://doi.org/10.1177/0008417418805784>



From Fieldwork

Madelyn Wengyn



Fieldwork Level: Level IIA

Fieldwork site/setting: Florida Orthopedic Institute - Outpatient Hand Therapy

Population: 16-85 years old

Caseload: ~13-16 per day per therapist

Responsibilities: Documentation, chart review, progress notes, evaluations, treatment planning, orthosis fabrication, organizing clinic, communicating with reception.

Common Assessments: 9-hole peg test, Quick DASH, Dynamometer, Pinch Gauge, Kapanji Scale, Semmes Weinstein

Most rewarding experience: My most rewarding was when I was treating a 35-year-old female who severed her ulnar nerve due to a laceration to her FA. For over a year she has been coming to skilled OT to improve function, mobility, strengthening, and neuromuscular reeducation. Little did I know, she remembered me when I was at the Dale Mabry location in my level IB, but I was initiating her progress note taking measurements, and performing the Semmes Weinstein. I was not familiar with her ability but when I told her she felt the 3.61 Blue microfilament she cried because, for the longest time, she could not detect the largest microfilament at her small finger and began to cry. Since then I was able to brainstorm things to help her facilitate movements with her small finger by suggesting a buddy strap and introducing intrinsic finger curls using a dowel. Now, she comes it telling me how much those two suggestions were life-changing and was able to progress her further since she was on the verge of plateauing. On her last visit, she expressed words of encouragement that I'll hold dear to me.

Funny Experience: Recently, the best laugh I had was when a patient and I named a massive knot in her forearm "George" and every session she expresses how "George" has been causing trouble and spawning. So now, "I asked her how 'George' doing today?" Last week, "George" was evicted and his best friend "Harry" moved in. This is just one of many countless great times.

STUDENT SPOTLIGHT

Madeline Mosing



Where are you from? Lafayette, Louisiana

What year of the OT program are you in? 2nd year

Area of Interest: I'm still figuring out what area I'd like to work in as an OT. Most of my experience has been in geriatrics, however I'm excited to gain more experience in peds!

Favorite class: Analysis of Human Movement

How do you maintain occupational balance? I maintain occupational balance by making sure that I am making time to go to the gym, to do my self-care, and making time for friends and family. Oftentimes I remind myself that by taking time to do each of these things, I will be happier and healthier, and it will allow me to do better in school.

Favorite occupations: I love working out and going on walks with my friends. I also enjoy reading and going to the beach.

Tips & Advice: Find someone that you can study well with. This can be so helpful and allows you to learn from others and it makes the process more enjoyable! Also, make sure to ask questions, it's okay to not know the answer to everything.