DATE_ HEALTH AND/OR ACCII	DENT INSURANCE PO		019	
		CAL FORM		
NAME:				
ADDRESS:				_
DATE OF BIRTH:				
TELEPHONE NO:				
PERSON TO BE NOTIFIE	ED IN EMERGENCY:	Name	Relations	ship
Address		Т	Celephone no./Email	_
PAST MEDICAL HISTOR List all illnesses (d	Y: childhood & adulthood):			
List all surgical pr	ocedures (childhood & a	dulthood):		
List all medication	ns and drugs regularly tal	xen, past and present:		
List all allergies, p medications:	particularly dust, heat, foo	od, insect stings or bites, su	nburn, rashes, drugs, o	r
Do you have stom	ach trouble or difficultie	s with food	?	
What is your toler	rance to heat	to dust		_ to
sun	to heavy p	hysical exertion		to
outdoor living		to primitive in-field san	nitary conditions	
	to group	living under field conditio	ns	?
HOW DO YOU ASSESS Y	YOUR OWN PHYSICAI	CONDITION?		
DO YOU HAVE A HISTO Thyroid disease	RY OF (Please circle): Diabetes	Cardiac problems	Kidney problems	
Menstrual disorde	rs Migraine	Respiratory problems	Kidney stones	
Dizzy spells	Faintness	Emotional disturbances	Back trouble	
Sleep problems	Hepatitis	Shortness of breath	Visual Difficulty	
Headaches	Hernia	Bowel disturbances	Yellow jaundice	
Chest pain	Worms			
Hearing problems	Rupture			